

FEGO BREAKFAST - VEGAN

ALLERGENS: If you have any allergens or dietary requirements please let us know, even if you have looked at our allergen matrix before joining us today. This way we can keep you as safe as possible & ensure our whole team are aware of your dietary needs.

FAVOURITES

Smashed avocado w/ chilli & herb seasoning on poppy & rye sourdough toast **£6.95**

Vegan Breakfast peppers, mushroom, basil marinated tomatoes, avocado, spinach, rocket, falafel, houmous, toasted focaccia **£9.95**

THE 'GOOD' STUFF

Pecan granola & banana w/ cinnamon, figs, pomegranate, maple syrup **£5.95**

Wholegrain porridge w/ oat milk, strawberries, blueberries, banana **£5.50**

Brazilian açai bowl w/ guarana, banana, blueberries, strawberries, granola **£8.50**

Breakfast smoothie mixed berries, banana, almond milk, nut & seed granola, almond butter, orange juice, agave **£5.25**

ON THE SIDE

Spinach **£2.00** GF

Baked beans **£1.50** GF

Hash browns **£1.50** GF

Smashed avocado **£2.00** GF

Mushroom **£1.00** GF

Houmous **£3.25** GF

FEGO LUNCH - VEGAN

BRUNCH

Smashed avocado w/ chilli & herb seasoning on poppy & rye sourdough toast **£6.95**

Vegan Breakfast peppers, mushroom, basil marinated tomatoes, avocado, spinach, rocket, falafel, houmous, toasted focaccia **£9.95**

SALADS

Superfood salad roasted butternut squash, peppers, avocado, tomato, asparagus, tenderstem broccoli, baby gem, quinoa, mango salsa, chia & flax seeds **£9.95**

House salad mixed leaves, avocado, basil tomatoes, cucumber, sumac onions, French dressing **£8.95**

Falafel & Israeli Salad w/ falafel, bulgar wheat, Israeli salad, houmous, green tahini sauce **£9.95**

FAVOURITES

Spaghetti w/ Italian marzanino plum tomatoes, basil dressing, chilli herb sea salt **£9.25**

Falafel wrap w/ houmous, avocado, falafel, peppers, rocket, w/ basil dressing on the side **£8.50**

Plant-based burger Moving Mountains® meatless patty w/ baby gem, tomato, onion & gherkin relish, fries, burger bun **£11.95**

Naked plant-based burger Moving Mountains® meatless patty, go bunless w/ burger relish & salad **£9.95**

...add: avocado, jalapeños or swap classic fries with sweet potato fries £1.00 each

SIDES

Classic French fries **£2.95** GF

Sweet potato fries **£3.95** GF

Houmous & falafel w/ basil tomatoes **£4.50** GF

AVOCADO SHAKE

Dairy-free
coconut milk, lime
juice, maple syrup
£4.95

WELCOME TO FEGO

Our place is your space. We invite you to use it any way you like, so **come by all day any day, or exclusively book us for a fun filled event at night.** Visit us on your own or with family, colleagues or friends. **No one will hassle you** if you'd like to have a peaceful visit or even need to crack on with work (but if you're able to resist the bakery display, you're stronger than us). **Order what you like, when you like it,** whether that's a meal, a light bite or just a drink. Everything is freshly made and served **with a smile.** Come on in, **you're always welcome** & we will do our best to make you **feel at home.**

Our four core principles...

South African inspired hospitality - Breakfast, lunch, and anything in between. It's about a willingness to accommodate our guests & do all we can to meet their needs. Order as much or as little as you like, how you like. If you want breakfast at lunchtime, or cocktails for breakfast you can. Nothing is too much trouble for us (we should say at this point, whilst we will do all we can to meet any requests you may have, we can't do everything. For instance, we don't have this week's winning lottery numbers, nor can we cover you for the day at work - Our Teams don't quite have superhero status yet...but we are working on it!)

Close by - We are part of your neighbourhood. Come by any day, anytime. You'll find us on the high street. Fego embrace local charm & the local community. Our spaces are flexible & an extension of your home. So, if you want to host a celebration, or get a group together (without the hassle of all the washing up), why not leave it to us. Any idea is a good idea - so, if there's something you'd like to see in your neighbourhood, let us know - and maybe together we can make it happen?!

Fresh on-site - A broad, delicious menu, with interesting and often unexpected flavour twists. There's something for everyone. It's what makes our food remind you of the comforts of home. A little of this and a little of that, with the dressing on the side; everything is made fresh, from scratch, in each kitchen, so we can absolutely TRY OUR BEST to cater to whatever our guests feel like.

Here to host you - We're here to make you feel relaxed & comfortable. We're here to delight you, each & every time you visit. We're curious to get to know you - & your family & friends. We'll come and chat, or we'll leave you be - it's part of our job to read that. There's no point telling you you'll feel welcome. Come in and just feel it!

V - Vegetarian * DF - Dairy Friendly * Please ask your server for our separate Low Gluten or Vegan menus * Please notify your server of any allergens or dietary requirements * Full allergen information is available upon request * Although great care is applied within our venues, we cannot guarantee the non occurrence of cross-contamination of allergens that are present in our kitchens * All our eggs are free-range * All products are subject to availability * An optional service charge of 12.5% may be added to your bill * Prices include VAT at the current rate *

PLEASE SCAN THIS CODE TO LEAVE US YOUR FEEDBACK



Use your phone to scan this code & leave us feedback about your meal experience today. You will also be entered into our monthly draw to win £50 worth of Fego vouchers. Follow our story @fegouk & visit hellofego.com

